



Para- Medical Program

Specialization	Nursing
Course Number	020802266
Course Title	Reproductive Health Nursing (clinical)
Credit Hours	2
Theoretical Hours	0
Practical hours	6

Course description

This course is the clinical component of Reproductive health nursing course. It provides the Associate Degree Nursing student with technical knowledge and skills necessary in managing nursing care of reproductive health and safe motherhood concepts relevant to normal and complicated childbearing families, within the framework of nursing process.

Course objectives :

Upon the completion of this course the student will be able to:

1. Utilize the knowledge obtained about reproductive health in providing quality nursing care to the family
2. Demonstrate skills in monitoring different health needs during the childbearing periods.
3. Demonstrate competence in management of normal & complicated cases in different childbearing periods
4. Participate in counseling a family related to reproductive family planning
5. Apply nursing process in providing care during normal & complicated childbearing conditions
6. Implement health education programs related to different material aspects during the different childbearing periods.

Course outline:

Unit no	Unit Name	Unit Content
1	Participate in all activities related to reproductive health nursing	<ul style="list-style-type: none"> -Individual and Family health -Health history -Admission procedures -Physical examination -Diagnostic procedure and Investigations -Ultrasound screening -Maternal & fetal well-being -Family planning counseling
2	Provide nursing care to mother normal and altered perinatal period	<ul style="list-style-type: none"> -Normal & complicated pregnancy -Normal labor & complicated deliveries -Normal & complicated puerperium -Gynecological alterations -Post-natal period
3	Provide Prenatal client education	<ul style="list-style-type: none"> -Pre pregnancy -Physiological & psychological changes during pregnancy -Minor disorders of pregnancy -Maternal & fetal needs -Anticipation of labor (e.g. S&S , breathing techniques ...) -Readiness for labor (e.g. hospitalization, emergency arrangements ...) -Responsibilities of baby care -Family planning -Gynecological problems -Family care during thereproductive period

Teaching/learning strategies:

- Demonstration and re demonstration (nursing lab and / or clinical setting hospital or PHC)
- Case presentation
- Role-playing
- Clinical tutoring
- Role modeling
- Individualized learning
- Simulation
- Conferences

Learning Resources:

- A variety of health care settings (MCH, Hospitals).

Exams and method of evaluation:

According to the study instructions

References:

1. Marshall, J., Raynor, M. (2014). Myles, Text book for Midwives(16th ed.). Churchill Livingstone
2. Davidson, M, London. M, Ladewig, P (2014). Olds' Maternal---Newborn Nursing & Women's Health across the Lifespan (9th Ed.), Prentice Hall
3. Lowdermilk, D. L., Perry, S. E., Cashion, M. C., Alden, K. R. (2016). Maternity and Women's Health Care, (11th Ed.). Mosby
4. Durham, R., Chapman, L. (2014). Maternal-Newborn Nursing: The Critical Components of Nursing Care (2nd Ed.). F.A. Davis company
5. Silbert-Flagg, J., Pillitteri, A. (2017). Maternal and Child Health Nursing: Care of the Childbearing and Childrearing Family (8th Ed.). PA: Lippincott Williams and Wilkins.